

THE MESSENGER

FIRST UNITED METHODIST CHURCH
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MAY, 2014



The annual NATIONAL DAY OF PRAYER ceremony sponsored by the Okeechobee Ministerial Association will be held on Thursday, May 1 from 12:00-1:00 p.m. on the SE side of the lawn behind the old courthouse. The Kiwanis will be

offering a free lunch. Bring a lawn chair and invite a friend!

We are asking the church to help support the expenses for our youth's mission trip to Eureka Springs, Arkansas. The goal is \$3,000. This year we will be doing various mission activities. Help us help others in Jesus' name this summer. Thank you for your support.



ATTENTION WOMEN:
Please mark your calendars for the following dates:

May 4, 11:15 a.m. - Unit Meeting

May 6, 5:45 p.m. - Executive Committee

May 6, 7:00 p.m. - Esther Circle

May 14, 1:30 p.m. - Ruth Circle

May 15, 1:00 p.m. - Lydia Circle



Construction workers needed!
If you can drive a nail and will volunteer to teach a child to do the same, we need you VBS week, June 16-19. A wonderful woodworker is cutting out the parts for each

child to make their own wooden toolbox. Many hands are needed! This is a wonderful opportunity for our "guys" to get involved with the children, (although women are welcomed also!). Volunteer for all four evenings or just one. We are flexible. Contact Nancy Vaughan for more information.

The United Methodist Women invite the entire congregation to attend a gathering immediately after worship on Sunday, May 4 at 11:15 a.m. in the Fellowship Hall. The program will feature Rev. Stephen Hartsfield, Church Relations Director at the Florida United Methodist Children's Home in Enterprise. This is a great opportunity to learn more about the Children's Home that we support with our Fifth Sunday offerings. If you would like to join us for lunch and fellowship afterwards, please bring a covered dish to share.



You're Invited!

The United Methodist Men will sponsor a breakfast on Sunday, May 11 for the entire church in honor of Mother's Day from 7:30-9:30 a.m. in the Fellowship Hall.

Celebrity Server tickets will go on sale May 4 for dinner on Monday, May 12 at the Golden Corral. The tips will benefit Summer Camp Scholarships. Camp parents: Please be willing to work this event for your child as many of them can only "greet" folks and not serve because of their age. Contact Nancy Vaughan for more information.



There will be a Vacation Bible School planning meeting on Sunday, May 18 at 11:15 a.m. in the Fellowship Hall.



From Parish Nurse
Diana Saum, RN

Allergies - You have hay fever and have become inexplicably sensitive to certain foods, there is a chance your dealing with an "oral" allergy syndrome (OAS). That is symptoms caused by similar substances found in both pollen and some raw produce. The body's immune system recognizes and reacts to some of the same proteins in raw fruits, vegetables or nuts that are found in certain pollens. The main sign of OAS are swelling of the tongue, mouth, throat or lips, an itchy mouth or ears, or a scratchy throat directly after eating a raw fruit, vegetable or nut. Allergy proteins are often in the skin so peeling the offending fruit or vegetable may help. Sticking with produce that has been canned, baked or microwaved as cooking can deactivate the offending substance and the most obvious - don't eat the offending produce.



- 1st - Martha Fuller, Debbie Tyson
- 2nd - Keith Platt, Marcia Wagner, Barbara Watford, Edwin Rucks
- 4th - Aubrey Burnham, Tere Beebe
- 6th - Maryann Harris
- 8th - Wanda Burnham
- 10th - Donna Lenfest
- 11th - M/M Murrah Elmore
- 12th - Jerry O'Bannon, Lucy Johnson
- 13th - M/M Brent Rucks, Anthony Metcalf
- 14th - Kathryn Briney, M/M Rick Barnes, Brittany Herndon, Billy Terrell
- 15th - Robert Berlew, M/M Marty Kearney
- 16th - Debbie Passwaters, Cody Shirley
- 17th - James Tenniswood
- 18th - Randy Burnham, M/M Peregrino Ragamat
- 19th - Dion Raulerson, Donna Kersey, M/M William L. Hendry
- 20th - Sally Wibbels, Ellen Futrell, Paulette Whipple, Mary Sperry
- 22nd - Theresa Raulerson
- 23rd - Marge Oleson, Willard Suits, Armand Coyer
- 25th - Jeff Straight
- 27th - Janet Thorr, Nancy Davis
- 28th - Jennifer Elliott, Roland Mischke
- 29th - M/M Gene Rhodes, Dennis Anderson, Shirley Matson
- 30th - Rhonda Jones

If your birthday or anniversary is incorrect or has been omitted, please call the Church Office.

There will be a Summer Camp meeting on Sunday, May 25 at 11:15 a.m. in the Fellowship Hall.