

THE MESSENGER

FIRST UNITED METHODIST CHURCH
200 NW 2ND Street
Okeechobee, Florida 34972-4174
Phone (863) 763-4021
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MARCH, 2015

SMOKED CHICKEN DINNER

Sponsored by
United Methodist Men
Friday, March 13
11:00 a.m.-1:00 p.m.
(Take-out Only)
4:00-6:30 p.m.
(Dine-in or Take-out)



Donation: \$8.00

CELEBRITY SERVERS - Tuesday, March 3, our children/youth who are going to summer camp will be Celebrity Servers at Golden Corral. Tickets are on sale now. Please help us raise the amount still needed to send our kids to this life-changing experience. Thank you!



ATTENTION WOMEN: Please mark your calendars for the following dates:

March 3, 5:45 p.m. - Executive Committee
March 3, 7:00 p.m. - Esther Circle
March 7, 9:30 a.m. - Spiritual Day Apart, Oceanview UMC, Juno Beach
March 11, 1:30 p.m. - Ruth Circle
March 19, 1:00 p.m. - Lydia Circle

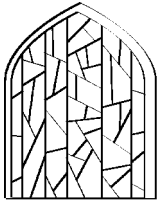
We hope to make a trip to Deland to visit the United Methodist Children's Home if there is enough interest. The date is Saturday, March 21st. We have a driver for the bus, if there is interest. Contact Nancy Vaughan at the Church Office, 763-4021 ASAP.



The Fifth Sunday Community Service sponsored by the Okeechobee Ministerial Association will be the last day of the Community Choir's Easter Cantata on Sunday, March 29th at 3:00 p.m., Okeechobee Presbyterian Church. Please note that this time is earlier than most 5th Sunday services. The Love Offering will benefit the Community Choir.

HANDS ON OKEECHOBEE will be held Saturday, March 7 at 8:00 a.m. Please contact Jeanne Enfinger at 763-5383 if you need help around the house or know of someone who needs such help. Volunteers will dust fans, change light bulbs, weed, mow, handle small painting jobs, clean screens, etc. If your place is fine, you can also call Jeanne and be one of God's volunteers.





We are currently at \$76,966 in the Stained Glass Fund to put us over three-quarters of the way to our \$100,000 goal. We hope to have the entire amount raised before the anticipated start date of June. If our goal can not be met, we will have to get a bank loan to complete the restoration. Thanks to everyone who has donated or pledged so far, and please consider a donation for this year.

FROM PARISH NURSE, DIANA SAUM, RN: Magnesium has been found to lower blood pressure especially when taken with calcium and potassium. Magnesium may protect the heart by helping to prevent abnormal heart rhythms, blood clots and ward off or control type-2 diabetes. Research hints that magnesium supplements may improve long-term blood sugar control in people who already have full-blown diabetes.



(Source: Consumer Reports)



The United Methodist Men met on February 16th with 16 members present. Elected officers for 2015 are: President, Dowling Watford; Vice-president, Aubrey Burnham; Treasurer, Bennett Yeilding and Secretary, Ed Thornton. The next Smoked Chicken Dinner will be held on March 13th. All men are invited to the meetings on the 3rd Monday of each month at 6:30 p.m. with a covered dish dinner.



- 3rd - Merle Bass, Dennis Tyson, Don Minor
- 4th - Debbie Krum
- 5th - Donna Tenniswood, D.J. Hood
- 6th - Linda Tewksbury, Michael Wibbels, Phillip Hawthorne
- 7th - M/M Simon VanBeek, Anna Lou Wilson
- 8th - Charlie Rucks, Lillian Doane, Nora Ragamat, Nicholas Flood
- 9th - Doris Entry, Chris Straight
- 10th - Thomas Bobbitt, Vivian Jones, Maddox Quinlin
- 11th - Rosemary Knoll, Angela Raulerson
- 12th - Justin Rhodes
- 15th - Kenneth Tyson, Matthew Davis, Vance Akins, Rev/Mrs Neil Gunsalus
- 16th - Debby Runyon
- 19th - Andy Demeter, Jr., Cindy Hansbarger, M/M George Clement
- 20th - M/M Tom Yackamouih, Frances Gilmore, Howard Harrison
- 21st - Patricia Byrd, Karen Smith, Sandra Blankenbaker
- 22nd - George Markham
- 23rd - Elliott Cook, Lois Cone
- 24th - Cathie Carpenter, Kathy Boswell, Carroll Head, Naomi Harris
- 25th - Kent Emley, M/M Kenneth Tyson, Olivia Coombs, Connie Hall
- 26th - Joy Burnham
- 27th - Debra Webb, Nita Amditis, Ken Keller, Cristian Suarez
- 28th - Betty Stinnett, Kathryn Murphy, Robert Baldwin, M/M Richard Kersey
- 29th - Cody Walker
- 30th - Karter Keller, Evan Keller
- 31st - Rick Gammill, M/M Edwin Rucks, Ray Baggett

If your birthday or anniversary is incorrect or has been omitted, please call the Church Office.