

THE MESSENGER

FIRST UNITED METHODIST CHURCH

200 NW 2ND Street

Okeechobee, Florida 34972-4174

Phone (863) 763-4021

www.fumcokee.com

FEBRUARY, 2014



VALENTINE DINNER

February 14 - 6:00 p.m.

Menu: Steak, Potatoes,
Vegetable, Rolls, Dessert

Cost: \$15.00 Per Person

Hosts: United Methodist Men

Nursery Available

Proceeds to benefit Youth Mission Trip

Tickets are available from Cheri or Dowling
Watford, Robbin Dawson or the Church Office.

Deadline for tickets is February 10

IT'S YARD SALE TIME!

The annual yard sale to
benefit children/youth
summer camp will be on
Saturday, February 1st from
8:00 a.m. until Noon.



Donations of items for the sale can be brought
to Room 24 during normal church business
hours. This is a major source of our funds for
scholarships and our church family is always so
gracious in giving. It costs almost \$400 per
child for the week, but every year we see lives
changed. Our children and youth would not be
able to attend without your support.



Please mark your calendars!
February 2nd is our SOUPER
Bowl Sunday. On that day, kids
will be at all the entrances to
the church with soup pots. They
will be collecting canned goods,

other non-perishables or money that will
benefit Big Lake Missions.

V A L E N T I N E COOKIES/GIFTS FOR SHUT-INS

will be delivered
beginning February 12. Please
bring homemade cookies to the
Fellowship Hall by 1:30 p.m. that day. Give
your suggestions of any shut-in who should be
included to Cynthia Yoder or Opal Wolff.
Volunteers to help make deliveries are needed.



ATTENTION WOMEN: Please mark
your calendars for the following
dates:

February 4, 5:45 p.m. - Executive
Committee

February 4, 7:00 p.m. - Esther Circle

February 12, 1:30 p.m. - Ruth Circle

February 20, 1:00 p.m. - Lydia Circle

February 22, 9:30 a.m.-1:00 p.m. - Mission
Study



The United Methodist Women will sponsor a Spiritual Growth Study “The Call: Living Sacramentally, Walking Justly”

on Saturday, February 22 from 9:30 a.m. - 1:00 p.m. We will explore ways to deepen our personal spiritual journey. All are invited - men, women and teens. A light lunch will be served. If you are bringing a child who will need Nursery care, please notify Cynthia Yoder at 357-2103 by Sunday, February 16.

The Global Life Committee’s Giving Trees for February will be for CROS (Christians Reaching Out to Society) Ministries. Items being asked for will be canned meats, canned fruit, canned or packaged soups, canned tomato sauce, dry rice, dry or canned beans, gently used clothing, baby diapers, adult diapers and travel items like shampoo, tooth brushes, toothpaste, soap, deodorant, razors or lotion. CROS Ministries is an interfaith ministry serving Palm Beach County and the Treasure Coast. CROS is 35 years old. They are part of our Atlantic Central District and Florida Conference.



From Parish Nurse
Diana Saum, RN

Hunger Busters - Foods that are higher in protein and fiber, as well as, those that pack fewer calories per bite (allowing bigger portions), are better at soothing hunger hormones. Foods that require more chewing also are more satisfying. Try these swaps:

- Instant Oatmeal~~ Steel-cut Oats
- Breadbasket Appetizer~~Vegetable Soup
- Standard Pizza Crust~~Whole Grain Pizza Crust
- Ice Cream~~Greek Frozen Yogurt
- Milk Chocolate Bar~~Chocolate Covered Strawberries
- Orange Juice~~An Orange
- Chips w/Sour Cream Dip~~Raw Vegetables w/Hummus
- Pretzels~~Low Fat Popcorn

Rainbows for All God’s Children continues on Sunday nights. We will NOT have Sunday evening activities on Super Bowl Sunday, February 2. Themes for February are:

- 9th Valentine’s
- 16th Luau
- 23rd Safari/African

Rainbows coincides with Sunday night Small Groups at 5:00 p.m. with a meal at 6:00 p.m. All are invited. There is a Nursery for infants and toddlers.



There is no school on Monday, February 3. Anyone interested in bowling or a movie (if there is an appropriate one playing), contact Miss Nancy 763-4021. Final details will be in the February 2 bulletin. There

will not be a Kid’s Day on Friday the 14th which is an early release day.



- 1st - Sue Christopher
2nd - Melanie Rathbun
4th - Joseph Hall, Brooke Ragamat
6th - Ruth Marsh, Tammy Bishop
7th - Georgeanna Sweatt, M/M Steve Rathbun
9th - Connie Burkes, Mackenzie O'Bannon, Allissa Childs
12th - Wayne Bishop, Jr., Carmen Schaefer, M/M Monroe Hampton
13th - Bertha Snively, Rebecca Wyatt
14th - James Marquis, M/M George Carpenter, Pat Wemmer, M/M Charles Snively, Sue Rogers, M/M Vance Shirley
15th - Elaine Keller
16th - Frances James
17th - Cheryl Worlow, Kerry Simmons
18th - Angela Mintz, Susan Rucks, Tommy Raulerson, Barbara Regan
19th - Benji Walker, Ruth Yeilding, Betty Clement, Josiah Harris
20th - Pat Tenniswood, M/M Barney O'Steen
21st - Lydia Bishop, Jessica Suit
22nd - Darrell Ferneau, Charlotte Mann
23rd - Tammy Rhodes, Marsha Chapman
24th - Justin Murphy, M/M Walter Taylor, Aalia Murphy, John Gammill, Elizabeth Coombs
25th - Sylvia Ingersoll, M/M George Cooper
26th - Louise Head
27th - Dorothy Richardson, Sherrie Terrell
28th - Alice Steiner, M/M Perry Green, Karyne Brass

If your birthday or anniversary is incorrect or has been omitted, please call the Church Office.

Summer camp registration at the Warren Willis United Methodist Camp is now open. Children who will be rising 4th Graders through seniors in high school are eligible to attend. We have chosen week #6, July 14-19 to go as a group. Cost is \$395 per camper for the week. This is all inclusive except for souvenirs and meals on the way up and back. A \$100 deposit is required with the registration form. Fund raisers help differ cost, but campers must work the fund raisers in order to be eligible. The first fund raiser is the Yard Sale on February 1st. Contact Nancy Vaughan at the Church Office if you have questions.



A new ministry in Okeechobee, Golgotha Ministries, has begun a produce co-op providing fresh produce each week. Golgotha Ministries is a transition house for young men who have completed a long-term, Christ centered drug and alcohol regeneration program and need a place to live and work. To support the program, Golgotha sells produce each week on Thursday and Friday. For \$15 for a half share and \$25 for a full share, you can receive a large shopping bag filled with fresh produce (9-11 items), much grown locally. In addition, each week extra items are available for purchase. These extra items are available for anyone to purchase even if you do not sign up for the weekly bag. Contact Morgan Lumpkin (863-634-7051) or Cindy Enfinger (863-634-7624) for more information or stop by on Thursday or Friday from 1:00-6:00 p.m. at 128 SE Park Street (Daniels Building, across the City Police station). You can also check their Facebook page for each week's items. Please consider supporting this life-changing ministry.