

THE MESSENGER

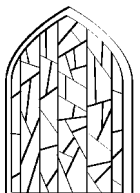
FIRST UNITED METHODIST CHURCH
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AUGUST, 2015

The United Methodist Women cordially invite everyone (men and teens as well as women) to the Fall Kick-Off Luncheon on Sunday, August 23 from 11:15 a.m.-1:00 p.m. The program will be "Created for Happiness: Understanding Your Life in God." Bring a covered dish to share at lunch and join us for a time of fellowship and learning. If you are bringing a child who will need nursery care, please notify Cynthia Yoder at 357-2103 by Sunday, August 16.



The annual New Teacher's Luncheon will be held August 10. Please check the Giving Trees in the Narthex and Fellowship Hall and help with needed supplies. Items needed include hand sanitizer, scissors, crayons, pens, lots and lots of notebook paper, pencil boxes, copier paper, pencils, small rulers, lots and lots of tissue boxes and small tissue packs, "409-type" spray cleaners, paper clips and anything else you know would be of use to teachers. If you prefer, you can make a monetary donation so other necessities can be purchased. Please note on your check or envelope: Teacher's Luncheon.



STAINED GLASS FUND GOAL REACHED! Thanks to your generosity, we surpassed our \$100,000 goal for the stained glass restoration. Work has begun and the window has been removed and is being restored. We hope to have it reinstalled within the next couple of months.

ATTENTION WOMEN: Please mark your calendars for the following dates:



August 4, 6:00 p.m. - Executive Committee - 2016 Planning
August 12, 11:30 a.m. - UMW Lunch at Applebee's
August 23, 11:15 a.m. - Kick-off Luncheon



The United Methodist Men have remained active over the summer. In addition to the regular meetings, the UMM prepared the Great American Picnic and donated \$500 to the youth mission trip. The United Methodist Men's Retreats will be October 2-3 and October 23-25. We plan to attend the second session (October 23-25). Please see Dowling Watford for more information.

On Sunday, August 30 the UMM will sponsor a CPR class. Cost for the class is \$20. Please see Dowling Watford or call the Church Office to reserve your spot.

All men are invited to attend the UMM meeting held every third Monday of each month at 6:30 p.m.

Nine of our youth attended summer camp at Warren Willis Camp in Leesburg the week of July 13-18. Nancy Vaughan also attended for the week as an adult volunteer and taught a class. Thanks to everyone for your support of the fund raising events that help send the children/youth for this great week of fun, fellowship, study, and worship.



FROM PARISH NURSE DIANA SAUM, RN: Excessive heat can cause problems for all of us, but especially those over 65 years of age. Our bodies lose the ability to deal with heat as we age. In extreme heat, blood is redirected to the skin to help cool us. To compensate, the body makes more blood so that the organs will get enough, but that takes a lot of water, adding to the chance of becoming dehydrated. The sense of thirst diminishes with age plus older kidneys aren't as good at keeping fluids in the system. Medications can also impact sweating. If you exercise on a hot day, you can become so dehydrated that you end up with too little blood flow to organs such as the brain and heart. (To be continued in September, Messenger)

UMM CPR CLASS
(Open to all)
August 30, 1:00-5:00 p.m.
Cost \$20



Call the Church Office to reserve a spot

Summer Camp Youth Counselors - Savannah Simpson and Audrey Metcalf are serving as counselors at Warren Willis Camp this summer. We are proud that two of our young adults are able to help guide, council, and encourage campers.

BIRTHDAYS AND ANNIVERSARIES

- 3rd - Rev/Mrs Bruce Simpson
- 4th - M/M Jim Tenniswood, Teresa Bishop, Jody Raulerson, Heaven Peacock
- 6th - Walter Brown, John Waite
- 7th - Priscilla Rhodes, Tara Threewits, Gene Gorham, M/M Jack Fisher
- 8th - Totty Davis
- 9th - Ross Enfinger, Carey Saine
- 10th - Joyce Elmore
- 12th - M/M Gene Lenfest
- 13th - Sheryl Yackamouih, Noah Handley, Carolyn Hayes
- 14th - Margaret Hamric
- 16th - Corey Krum, Stephanie Metcalf
- 17th - Rebecca Barnes
- 18th - M/M Dennis Tyson
- 19th - Kathleen Taylor, Matt Saine
- 20th - Gene Lenfest, M/M Paul Gast
- 22nd - Karen Herndon, Randi Barnes, M/M Les Snider, M/M Gene Gorham
- 24th - Paula Fisher
- 25th - Patricia Jenkins, Catherine Lodge
- 27th - M/M Dowling Watford, Jr.
- 28th - Dante' Mucherino, Al Young
- 29th - Hobert Lee
- 30th - Barbara Brown, M/M Jim Barnhart
- 31st - Jill Rucks, Richard Mattern

If your birthday or anniversary is incorrect or has been omitted, please contact the Church Office.

The next Fifth Sunday Community Service sponsored by the Okeechobee Ministerial Association will be held at New St. Stephen AME Church located at 1001 NE 16th Ave. on Sunday, August 30 at 6:00 p.m. These are fellow followers of John Wesley, but ALL denominations are always encouraged to attend.

